

**Second Professional BAMS Degree Supplementary Examinations
July 2025
Swasthavritta evam Yoga - Paper II
(2021 Scheme)**

Time: 3 Hours

Total marks:100

- Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers • Indicate the question number correctly for the answer in the margin space
- Answer all parts of a single question together • Leave sufficient space between answers
- Draw diagrams wherever necessary

1. Multiple Choice Questions**(20x1=20)**

The Answers to MCQ questions (Q.No. i to Q.No. xx) shall be written continuously on the first two writing sheets (ie Page No. 3 & 4) only

- i. Koplik's spots are seen in the case of
 - a) Chicken pox
 - b) Varicella
 - c) Rubeola
 - d) Mumps
- ii. Which one of the following is a type of composting
 - a) Dumping
 - b) Ramp method
 - c) Bangalore method
 - d) Manure pits
- iii. Which among the following is not a Hydrological hazard among disasters
 - a) Flood
 - b) Landslides
 - c) Wave action
 - d) Cyclone
- iv. Which among the following is an occupational disease due to physical hazards
 - a) Anthracosis
 - b) Burns
 - c) Farmers lung
 - d) Brucellosis
- v. What should be the ideal color of the inside walls of a class room
 - a) White
 - b) Light blue
 - c) Light green
 - d) Light yellow
- vi. Which among the following disinfectant is a Halogen compound
 - a) Savlon
 - b) Bleaching powder
 - c) Cetrimide
 - d) Cresol
- vii. The severe form of dengue fever that causes plasma leakage is called:
 - a) Dengue encephalitis
 - b) Dengue hemorrhagic fever (DHF)
 - c) Dengue paralysis
 - d) Dengue cardiomyopathy
- viii. For how many days does Government of India provides Iron and Folic acid tablets to pregnant women
 - a) 10 days
 - b) 41 days
 - c) 60 days
 - d) 100 days
- ix. The incubation period of COVID-19 is typically:
 - a) 1–2 days
 - b) 2–14 days
 - c) 15–30 days
 - d) Over a month
- x. Who is an infant
 - a) Child under 1 year of age
 - b) Child under 28 days of age
 - c) Child under 3 years of age
 - d) Child under 41 days of age
- xi. World health day is celebrated on
 - a) April 10
 - b) April 16
 - c) April 7
 - d) April 21
- xii. Crude birth rate (CBR) is calculated as:
 - a) $(\text{Number of births in a year} \div \text{Total population}) \times 1,000$
 - b) $(\text{Number of deaths in a year} \div \text{Total population}) \times 1,000$
 - c) $(\text{Number of births in a year} \div \text{Number of married women}) \times 1,000$
 - d) $(\text{Number of live births in a year} \div \text{Total pregnancies}) \times 1,000$
- xiii. Who is the Health Minister of Kerala
 - a) Smt. K K Shylaja
 - b) Smt. R Bindu
 - c) Smt. Veena George
 - d) Smt. K K Bindu

(PTO)

- xiv. The first National Health Policy of India was formulated in
 a) 1947 b) 1952 c) 1983 d) 2002
- xv. National Malaria Control Programme started in
 a) 1948 b) 1963 c) 1970 d) 1953
- xvi. The primary objective of RNTCP is to:
 a) Eradicate malaria b) Eliminate tuberculosis in India
 c) Control HIV/AIDS d) Control influenza outbreaks
- xvii. What is the Infant Mortality Rate of Kerala
 a) 6 b) 12 c) 18 d) 24
- xviii. National Health Policy aims at a life expectancy of
 a) 65 years by 2025 b) 70 years by 2025
 c) 70 years by 2030 d) 65 years by 2030
- xix. What does ART mean in HIV control programme
 a) Anti Resistant Treatment b) AIDS Resistance Programme
 c) AIDS Rescue Programme d) Anti Retroviral Therapy
- xx. Typhoid fever is also known as
 a) Gut disease b) Sporadic fever c) Enteric fever d) Flu

Short Answer Questions

(8x5=40)

2. Explain Disaster preparedness in detail
3. What are the diseases that come under pneumoconiosis. Explain
4. Explain common health problems of school children in India
5. Define disinfection and write the disinfection method of a contaminated well
6. List out any three International Health organizations and write their main functions
7. Explain the health aspects of family planning in detail
8. List out health problems of the aged people and explain each of them
9. Write the health administration of AYUSH at state and central level

Long Answer Questions

(4x10=40)

10. Explain the terms Janapadodhwamsa and Maraka vyadhi. Write the prevention and control measures (4+6)
11. Describe Jala prakara, gunas and purification methods on large scale (2+2+6)
12. Explain Primary Health Care in India at village, Sub- Centre and Primary Health Centre levels (3+3+4)
13. Explain National Malaria Control Programme in detail.
